Employment, Training and Research in Psychiatry and Mental Health: an Innovative Tutoring Project in Europe

The collective contributions of the present work were gathered from both professionals and researchers in fields relating to psychiatry and mental health in Europe. During the last decades major changes were observed in psychiatry practice especially with regards to rehabilitation and reintegration. The TuTo program, a co-financed project by the Erasmus+ strategic projects (2014-2017), was initiated due to a major vocation and reconfiguration crisis in these professions. The objective of TuTo was to be the response to the needs while enabling an exchange and interaction between the professionals and researchers of different European countries and thus creating a multi-sectorial lifelong training “forum”. The implementation of the TuTo program was realized in ten European countries engaging more than a hundred different actors. The coauthors of the present work present the analysis of their studies and reflections on experiences carried out in Luxembourg, France, Romania, Belgium, Greece and Germany. This publication is anchored within a mental health promotion and interventional research approach, which is of a multidisciplinary nature illustrating the current challenges the young professionals are facing throughout their lives.

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